

PLANS FROM

\$15

PER MONTH

INCLUDING

TEXT

MESSAGES

Number of text messages included varies per plan selected.

the new

fido

Try the Y today!

YMCA

www.edmonton.ymca.ca

NO

EXCUSES

The world's largest global newspaper

metro

EDMONTON • WEDNESDAY, FEBRUARY 18, 2009

metronews.ca

Sports

pg 8

Free agent running back Lumsden joins Eskimos

# Scammers target lonely

VICTORIA HANDYSIDES  
victoria.handysides@metronews.ca

**When a recently divorced Edmonton woman met a gorgeous younger man on an Internet dating site, an overwhelming sense of flattery veiled any suspicion he was capable of breaking her heart and draining her bank account.**

The shamed victim, who does not want to be identi-

**"You begin to love that person and believe them, no matter what they say."**

Victim who did not want to be identified

fied, joins a list of vulnerable area women conned out of almost \$300,000 in the past few months by Nigerian scammers trolling popular dating web-sites.

"They don't tell you bad stuff — they tell you good stuff, and that's what

everyone wants to hear," she said yesterday.

The man she fell for claimed to be a wealthy American businessman, dealing in antiques in Nigeria. She ended up sending him thousands, after his he claimed his son was in a terrible car accident, un-

derwent three surgeries, and eventually died.

She said that while, at first, she refused to give him money, his insistence and promises they'd meet in person, combined with inescapable loneliness was enough to mask any possible foreshadowing.

"It feels like an addiction after a while," she said. "You begin to love that person and believe them, no matter what they say. You just keep doing it, and it's

very hard to stop."

Though police have received a number of complaints about the "highly sophisticated" scam, there's little hope of catching the crooks or recovering any cash.

"They know how to cover their tracks," said EPS economic crimes Det. Mark Johnson, who added though it's certain her money was collected in Nigeria, it's impossible to tell by whom.

**Joint climate deal must work for Alberta: Stelmach**

JEFF CUMMINGS  
jeff.cummings@metronews.ca

**OBAMA** A climate-change agreement between Canada and the United States must include reductions in greenhouse gas emissions at levels that work for Alberta's economy, said Premier Ed Stelmach yesterday.

"We want to see reductions in greenhouse gas emissions through investment and technology," Stelmach said about Prime Minister Stephen Harper's planned meeting with President Barack Obama tomorrow.

"We don't want to be shouldering all of the burden as Albertans because we only have a small population of three and a half million people."

Stelmach also said he has concerns over American protectionism by decision makers in the U.S. over the economic stimulus package.

And after talking with Harper last week, Stelmach said the prime minister has promised to make it an issue during the meeting.

## Riding the Recession

Looking for ways to save money and ride out the economic storm? For the next six weeks, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

### Travel

• How 'recession chic' and bargains are replacing hedonism in the world of travel, pg 11

### This week

• Food — Local meals for a steal  
• Style — Looking on the bright side of fashion during New York Fashion Week



## Flag Day Lieutenant-governor hosts school children



Alberta Lt.-Gov. Norman Kwong and his wife, Mary, speak to Grade 5 students from Mt. Carmel and Grandview elementary schools, yesterday morning. The students were on a field trip to see the historical building and participate in Flag Day-themed activities.

new

CHIPOTLE BBQ

CHICKEN SNACK WRAP

crispy or grilled

\$1.89

each plus tax

i'm lovin' it

For a limited time only. At participating McDonald's® restaurants in Canada. Grilled product availability varies by restaurant. ©2009 McDonald's



# Clickalicious.



\$249.99\*

BlackBerry® Storm™ 9530 smartphone

Meet the Storm – the first-ever touchscreen BlackBerry smartphone. It feels better than anything you've held before, because the screen actually clicks like a button when you press it. Feel it for yourself at TELUS.

Get the 3G BlackBerry Storm on Canada's largest 3G network.



**TELUS AUTHORIZED DEALERS**

**EDMONTON**

- Kingsway Garden Mall
- TELUS Plaza North
- Bonnie Doon Mall
- Londonderry Mall
- Northgate Mall
- South Edmonton Common
- Southgate Mall
- West Edmonton Mall

**Downtown**

- 9915 108A Ave. NW
- 11315 104th Ave.

**WEST END**

- 5 - 14220 Yellowhead Trail
- 14903 118th Ave.
- 10429 178th St.

**NORTH**

- 9624 165th Ave.
- 12714 137th Ave.
- 13034 50th St.

**SOUTH**

- 5912 104th St.
- 10309 34th Ave.
- 5926 99th St.
- 8708 51st Ave.
- 4515 Gateway Blvd.

**Fort Saskatchewan**

- 9542 86th Ave.
- 9914 103rd St.

**Leduc**

- 6B - 5904 50th St.
- 5205 50th Ave.

**Sherwood Park**

- 162 - 26 Strathmoor Dr. (Road King)
- Sherwood Park Mall

**Spruce Grove**

- Westland Market Mall
- 30 - 96 Campsite Rd.

**St. Albert**

- St. Albert Centre
- 30 - 200 St. Albert Rd.
- 20 Muir Dr.

For more details on these great offers, visit your TELUS authorized dealer or retailer, visit [telusmobility.com](http://telusmobility.com) or call 1-866-264-2966.

► FUTURE SHOP



WAL\*MART



Phone availability and price may vary. Prices are subject to change without notice. \*Available until March 31, 2009. Effective net price after in-store discount at time of activation. Available for clients (new and renewal) who activate voice and data service with a combination of a voice rate plan and a data add-on totalling \$45 or more on a 3 year term. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. TELUS, the TELUS logo and the future is friendly are trademarks used under licence from TELUS Corporation. BlackBerry®, RIM®, Research In Motion®, SureType®, SurePress™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. © 2009 TELUS.

**Missed your bus? Google the next one**

Transit users can now plan their trips with a few button clicks on their BlackBerries and iPhones with Google Transit. The service maps the quickest transit routes, and is equipped with walking maps, schedules and transfers. **METRO EDMONTON**

# Local



## Not-for-profit funding boosted

Summer job seekers at not-for-profit agencies will be given an extra boost this summer. The provincial government has added \$1.9 million to its Summer Temporary Employment Program, further subsidizing wages for short-term employees. More than 2,100 positions will be created this year, over 450 last year.

METRO EDMONTON

### Teen cleared of dumping baby

**NEWBORN** A 17-year-old girl accused of concealing the body of a newborn baby that was dumped in woods near Stony Plain last spring will not face charges.

The full-term baby boy was discovered by a man walking his dog on a wooded path in April 2008.

Another 17-year-old girl was charged with failing to obtain medical assistance during childbirth and concealing the body of a child, and plead guilty to the charge in October.

### Monday crash victim identified

**DEATH** A woman who died in a collision on 118 Avenue Monday morning has been identified as Colleen Cappo.

The 31-year-old woman was in the passenger's seat of a stolen car that was tracked to 30 Street and 118 Avenue through OnStar.

One of two men in the vehicle is facing charges. It's alleged he stole the car from his girlfriend earlier Monday morning.

METRO EDMONTON

## Getting girls into science

JEFF CUMMINGS  
jeff.cummings@metronews.ca

**A group of scientists at the University of Alberta are trying to get young girls to think about careers in the field it says has been mostly male-dominated.**

Roughly 600 sixth graders from schools across the city put on lab coats and safety glasses for some hands-on science learning — everything from experimenting with chemicals to building paper bridges in a program called Choices.

"Young women are used to seeing other women as nurses and teachers (when thinking about careers)," said Gail Powley, an engineer and a vice-chair for the group called Women in Scholarship, Engineering, Science and Technology.

"The more (the girls) are exposed to other careers, and see women in those careers, they can identify with them. They can become engineers and scientists."

Under the program, the



Nicole Phillipoff, 11, is ready to test her dry-ice solution during yesterday's science expo dedicated to encouraging young women to get excited about a career in science.

girls were partnered up with 80 university scientists, engineers and science students who acted as mentors for the girls.

The girls worked with a number of salt solutions to find out how to add colour to a burning flame, a special effect seen in the Har-

ry Potter movies.

The group also worked with frozen ice and other chemicals to learn about chemistry.

"This is pretty cool," said 11-year-old Nicole Phillipoff while working with a dry-ice solution. "Science is different, but

it's really fun."

Powley said careers in science are worthwhile for any young person.

"Women add a different dynamic to science, they care a lot about the environment and they care a lot about people," said Powley.

### Epcor seeking water sniffers

VICTORIA HANDYSIDES  
victoria.handysides@metronews.ca

**AESTHETICS** Epcor is looking for nose-y Edmontonians who are concerned about stinky drinking water.

Every spring, a call is put out for volunteers to rate the aqua flowing from their taps. A move officials say is necessary, as spring runoff into the North Saskatchewan River can make tap water a foul-smelling substance.

"It's related mainly to the aesthetic quality of the water,

not to health quality of the water," said Epcor quality control manager Steve Craik.

As the world begins to thaw, decaying vegetation trapped underneath snow falls into the river, giving drinking water a musty, earthy smell, Craik said.

"It can be quite unpleasant."

The power company is looking for 150 volunteers to test their tap water twice a day, for two months.

Testers will note the smell and taste of hot and cold water, then record their findings.

In 2007, water odour quality was rated at 91.5 per cent satisfaction, and at 92.6 per cent in 2008. Officials hope to reach 93.4 per cent.

The program runs from March 2 to May 1. For more info, call (780) 412-3019.

### metronews.ca

WHAT'S ONLINE TODAY

**Video** Sovereignists claim victory after Ottawa cancels Plains of Abraham re-enactment at [metronews.ca/canada](http://metronews.ca/canada)

**Video** Harper confident that General Motors will stay in Canada at [metronews.ca/canada](http://metronews.ca/canada)



## Fire halts LRT service at Belvedere Station

JEFF CUMMINGS  
jeff.cummings@metronews.ca

**TRANSIT** Some who used the LRT to get to work yesterday morning may have been late as an industrial blaze halted service for about an hour near the Belvedere Station.

Edmonton Fire Rescue Services said a fire in an in-

dustrial area on 134 Avenue — adjacent to the LRT track — broke out inside a portable wood-framed shelter sometime around 6:15 a.m.

As a safety precaution, firefighters ordered Epcor to shut down the overhead lines of the LRT as the blaze came into contact with the track in the city's north end, said fire rescue

spokeswoman Melanie Mochoruk.

No one was hurt in the blaze, but damages have been tallied at \$260,000, said Mochoruk.

Fire officials said a portable heater sparked the blaze that completely engulfed the temporary shelter that was used to house a construction crane.

Patricia Dixon, a spokeswoman with Edmonton Transit, said LRT services were halted for an hour, but shuttle bus services were provided for riders between Clairview and Belvedere Stations.

Dixon said buses were running in between stations every five minutes during the morning commute.

**Behind every leading economy, there is a leading business school.**

EMBA 2007 **PAUL GOUR**  
PRESIDENT AND CEO  
TITAN SUPPLY LP

## ALBERTA EMBA INFO SESSION

**WEDNESDAY, FEBRUARY 25**

5 pm - 6:30 pm

Banister Boardroom, 4-16 School of Business

**Financial Times of London ranks the Alberta Executive MBA Program Top 30 Globally.**

Ranked #2 in Canada.

**RSVP TO 780-492-3946**



UNIVERSITY OF ALBERTA  
SCHOOL of BUSINESS

**WWW.ALBERTAEMBA.NET**



Canada



### RIM settles with U.S. regulator

BlackBerry maker Research in Motion's top executives settled U.S. regulator claims that they illegally backdated millions of stock options over an eight-year period, the U.S. Securities and Exchange Commission said yesterday. Officials with the Canadian company, including co-CEO James Balsillie, left, did not admit to or deny the SEC's allegations. The company agreed to pay \$1.43 million in fines

REUTERS

News in brief

**ATTACK** Another shooting in B.C. left one man dead and another injured in South Vancouver yesterday. Nazreen Dean said her brothers were watching TV in their home when two men banged on the door looking for someone named Azim. It's unclear at what point her 19-year-old brother was shot and injured or how one of the two suspects wound up dead outside. It's believed Dean's other brother was taken away in handcuffs. The second suspect ran away. METRO CANADA

# Obama thankful for Afghan effort

Obama's Visit

"I think it's important for ... the people of Canada to get a sense that what they're doing is productive."

Barack Obama

While thanking Canadians for their contributions to the Afghan war effort, U.S. President Barack Obama has suggested dramatic improvement in the war could convince Canadians to remain engaged in the troubled country past 2011, when troops are due to return home.


Obama said he doesn't plan to ask Prime Minister Stephen Harper to extend the country's commitment past the withdrawal date approved by Parliament last year when the two leaders meet here tomorrow. But he said conditions could change dramatically leading up the scheduled withdrawal.

"We've got until 2011 ... and I think it's important for the Canadian legislature and the people of Canada to get a sense that what they're doing is productive," Obama said in an interview yesterday with CBC News.

Obama said he plans to tap Harper's support for the "comprehensive strategy" he is drawing up for the international effort in Afghanistan that focuses on development and diplomacy.

During the interview, Obama also expressed his "heartfelt thanks" to the Canadian families who have shouldered the burden of Canada's "extraordinary" contribution in the war-torn country.

TORSTAR NEWS SERVICE




## EDUCATION FOR THE REAL WORLD.

Why are NAIT graduates in such high demand? Because they receive education rooted in experience, from instructors who have first-hand knowledge of what industry needs. Small classes, industry connections and real-world curriculum are just some of NAIT's advantages.

Choose from over 90 full-time program options - in fields from IT to the environment, health diagnostics to heavy equipment, chemical engineering to culinary arts. Study for one, two or four years. Part-time and online options also available for many programs.

APPLY NOW.  
VISIT NAIT.CA OR CALL 780.471.8874.



## Media push 'right to be wrong'

**CHALLENGE** The country's top judges, faced with an appeal that could establish a new defence against defamation lawsuits, have challenged Canadian media organizations to justify why journalists should be given a greater "right to be wrong."

The Ottawa Citizen, backed by several other large media organizations, argued yesterday that the Supreme Court of Canada should endorse a "public interest-responsible journalism" defence that would shield reporters from lawsuits and protect the public's right to know - even if the truth of an article cannot be proved.

The high court reserved its decision.

TORSTAR NEWS SERVICE



## GET A GREAT NEW CAREER IN LESS THAN A YEAR!

DIPLOMA PROGRAMS\*

HEALTH CARE

Acupuncture ✧ | Massage Therapy ✧ | Medical Office Administrator ✧ ✧ | Pharmacy Technician ✧ ✧ | Early Childhood Education ✧

TECHNOLOGY

Network and Internet Security Specialist ✧ | Help Desk Support Analyst ✧

BUSINESS & LEGAL

Paralegal ✧ | Business Administration - E-Commerce Management ✧ | Professional Legal Assistant ✧ | Accounting & Payroll Administrator ✧ ✧ | Oil & Gas Administrative Assistant ✧ ✧ | Hospitality ✧ | Travel and Tourism ✧ | Policing and Protection Services ✧ | Business Administration Management ✧ ✧

➤ Financial Aid Available to Qualified Applicants

➤ Career Services Assistance

➤ High Graduate Employment Rates

➤ 9 Campuses in AB

➤ Classes Filling Fast - Call Now to Reserve a Seat

\* Not All Programs Available At All Campuses.

✧ Pertains To A Reeves College Program

✧ ✧ Pertains To A CDI College Program



REEVES COLLEGE  
Guiding Your Success

REEVES EDMONTON 1-800-533-1457  
WWW.REEVESCOLLEGE.CA



CDI COLLEGE  
BUSINESS • TECHNOLOGY • HEALTH CARE

1 888-245-6567  
WWW.CDICOLLEGE.CA



**British lawyer sentenced in Berlusconi bribery case**

British lawyer David Mills has been sentenced to more than four years in prison for corruption over accepting a \$600,000 US bribe from Italian Prime Minister Silvio Berlusconi in 1997. **REUTERS** **5**

# World

## Khmer Rouge torturer tried for prison deaths

**The chief Khmer Rouge torturer went on trial for crimes against humanity yesterday, the first senior Pol Pot cadre to be tried by the "Killing Fields" court three decades after the deaths of 1.7 million Cambodians.**

Kaing Guek Eav, alias Duch and ex-commandant of the notorious S-21 prison, did not address the court, but sat impassively as lawyers haggled over procedural matters.

Hundreds of victims, including saffron-robed Buddhist monks who were persecuted during the 1975-79 Khmer Rouge era, packed the public gallery, reacting



Kaing Guek Eav, alias Duch

Vann Nath, 63, one of a handful of survivors from S-21 where at least 14,000 "enemies of the revolution" were tortured and killed.

This week's hearings will lay the groundwork for a full-blown trial in March, when Duch and survivors are expected to testify.

with anger and relief at the sight of 66-year-old Duch in the dock.

"This is the day we have waited for for 30 years," said

Duch, now a born-again Christian, has expressed remorse before facing the joint Cambodian-UN tribunal, set up to prosecute those responsible for one of the darkest chapters of the 20th century.

Duch also faces charges of war crimes, torture and homicide while chief of S-21, where victims were forced to confess to crimes and then shot or beaten to death in the "Killing Fields" outside the capital.

Only 12 survived, according to the U.S.-funded Documentation Center of Cambodia, which has researched the Khmer Rouge era. **REUTERS**

### Brazil Underwear Day



Brazilian models dance at a bus station during the third edition of "Brazilian Underwear Day" in Brasilia yesterday. The day is inspired by a similar event which has taken place at Times Square in New York City since 2003.

## Protesters wreak havoc on island

**GUADELOUPE** Protesters ransacked shops and burned cars in Guadeloupe overnight as a strike over the cost of living escalated, and one senior local official said the Caribbean island was "on the verge of revolt."

Guadeloupe, a French overseas region, has been brought to a standstill for nearly a month by strikes and demonstrations over high prices for food and other necessities.

The situation has degenerated over the past two days as protesters have set up road blocks and police have made dozens of arrests.

The government in Paris has refused to budge on a demand for a 200-euro (\$316 Cdn) monthly rise for low-paid workers. **REUTERS**

## Obama signs stimulus into law

**WASHINGTON** U.S. President Barack Obama signed a \$787-billion US economic stimulus bill into law yesterday as global markets plunged on fears that the recession would deepen. Obama was expected to lay out a strategy today to stem home foreclosures and address the U.S. housing crisis. **REUTERS**

### News in brief

**CONNECTICUT** Police shot and killed a 200-pound chimpanzee that had once starred in television commercials after the ape nearly killed its owner's friend and attacked a police cruiser on Monday.

**RACISM** The return of the United States to UN talks on racism could prove pivotal to salvaging

an international conference plagued by charges of Israel-bashing, human rights activists said yesterday.

**SPAIN** A Spanish soldier and his Russian girlfriend were arrested yesterday for posting videos on the Internet calling for Islamist attacks in Spain, police said. **REUTERS**

# Save \$500 this year!

**No Matter Where you Call  
No Matter What you Pay  
Comwave will Beat it...  
Guaranteed!**

Even if you're paying less,  
call us and we'll beat it  
... guaranteed!

CAN  
YOUR PHONE  
COMPANY DO  
THAT?

	Pakistan.....5.9¢		Egypt..... 14.9¢
	Philippines ..... 11.9¢		Guyana ..... 29.9¢
	Saudi Arabia .....from 3.9¢		India .....6.9¢
	Sri Lanka ..... 11.9¢		Nepal.....from 7.9¢
	Bangladesh .....from 3.9¢		Mexico .....from 2.9¢
	Cuba .....85¢		Honduras..... 15.9¢
	Ecuador ..... 12.9¢		Chile .....from 2.9¢

Unlimited Calling To  
Anywhere In Canada

**\$5**  
/month

You can even call  
from your  
CELL PHONE!

**CALL NOW AND GET**

**\$25**

**Free**  
Long Distance  
To Anywhere In  
The World



Call Long Distance Even  
From Your Cell Phone

- ✓ No need to cancel your service provider.
- ✓ \$10 Free Long Distance for every friend
- ✓ No Contracts



## Home Phone Lines

**comwave**  
Basic

**\$9.95**  
/month

- Unlimited Local Calling
- PLUS
- Caller ID Block
- Comwave 911
- Free Comwave to Comwave calls worldwide!

**comwave**  
Enhanced

**\$14.95**  
/month

12 FREE FEATURES  
INCLUDING  
Caller ID, Call Forwarding,  
Voice Mail, Call Waiting  
... and much more

**comwave**  
Unlimited Canada

**\$19.95**  
/month

UNLIMITED  
Calling to Canada  
PLUS  
• 12 Free Features Including:  
Caller ID, Call Forwarding,  
Voice Mail, Call Waiting  
... and much more

**comwave**  
One-Rate

**\$29.95**  
/month

UNLIMITED  
Calling to Canada  
and U.S.A.  
PLUS  
• 12 Free Features Including:  
Caller ID, Call Forwarding,  
Voice Mail, Call Waiting  
... and much more

**1 MONTH FREE!**

**780-665-1818**



**comwave**

comwave.ca

Home Phone Lines: \* VoIP 911 has certain limitations versus traditional 911. The rate of \$14.95 is based on a 2 year term. † The option to keep your existing phone number may not be available in all areas. Long Distance: Comwave guarantees to match or beat your rate today and forever. Rate Guarantee is based on competitors' lowest advertised rate or written quote for like services. Terms and conditions apply. Please see www.comwave.ca for full details. Calls to overseas mobile phones may be billed at a higher rate. ‡ The \$25 coupon will be mailed and must be returned for credit to be applied to account. 1 year term required. § Credit for monthly fee will be applied to third month's invoice. Unlimited Canada does not include calls to the Yukon and N.W.T. Based on iPhone Enhanced plan and \$17 monthly long distance as compared to Rogers Home Phone™ line and Rogers All World™ Long Distance Plan and Bell Basic Home Phone Line Plus Simple Connections™ Flexibility 6 Package and International Long Distance Extra. At Feb. 9/07, based on 246 minutes. Terms and conditions apply.



## LOCAL

Publisher, Steve Shrout

Acting Managing Editor, Darren Krause

Distribution Manager, Jim Hillman

## NATIONAL

Group Publisher, Bill McDonald

Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert

Enter/Lifestyle Editor, Dean Lisk

Art Director, Laila Hakim

Interactive/Mktng Director, Jodi Brown

# Comment & Views

## Comment

# Equalization for uncertain times

## NoBorders

**Deborah Coyne**



dmr.coyne@rogers.com

How many times must Premier Danny Williams verbally explode about “equalization” before the Harper government abandons its hyper-partisan approach to serious matters of national interest? Equalization is a

very serious matter, which, together with other federal-provincial transfers for health, education and social services, plays a critical role in promoting equality of opportunity and comparable levels of services across Canada. This commitment defines a great nation.

Regrettably we can no longer measure how well the myriad of federal contributions to the provinces, including equalization, helps to ensure comparable public services across Canada. No amount of tinkering with the arcane equalization formula will fix this

fundamental problem, especially since too many other federal programs incorporate confusing equalizing elements that exacerbate inequities among Canadians. The best example is Employment Insurance, which is structured to benefit the unemployed who live in weaker areas of the country.

There is urgent need to bring coherence, consistency and accountability to the jumble of federal contributions to provinces, especially with Ontario qualifying for equalization. Unfortunately the Harper government has no interest in pro-

moting comparable public services — the recent manifestation of this being the elimination of all federal funds for child care operations. Harper’s seemingly real agenda is to downsize the national government, download responsibilities and fiscal room, permanently eliminating Ottawa’s ability to pursue national standards and objectives in most public services and programs. With every month in power, Harper draws closer to achieving his goal.

Harper’s signature step — the GST cut — reducing na-

tional revenue by \$60 billion over five years, was a bad step in the best of times, universally condemned by economists, and now cripples the national government’s ability to respond in this, the worst of times. Yet Harper refuses to reconsider.

Opposition parties must directly challenge this agenda. Explain to Canadians why we must stop weakening the fiscal position of the federal government — taking care not to turn national politics into a complex and excruciatingly boring accounting problem. Propose the establishment of a per-

manent non-partisan advisory commission to make the system of federal contributions to provinces more transparent and subject to public scrutiny. And ensure that, through the commission, decisions relating to federal-provincial fiscal relations are based on intelligent debate and reflect longer-term national objectives to build stronger ties among Canadians rather than weakening them.

Deborah Coyne ran as a Liberal candidate in the 2006 federal election and is a public policy consultant who runs [canadianswithoutborders.blogspot.com](http://canadianswithoutborders.blogspot.com)

## Word on the street: Do you think U.S. President Barack Obama will usher in a new era of Canada/U.S. relations?

**Scott Book**

age 33, Edmonton

A: I think he’ll improve relations just because he’s well liked.

**Corey Hines**

age 17, Edmonton

A: I think Barack Obama would improve it because he seems like a nice guy.

**Jeff Henderson**

age 27, Calgary

A: I do think the U.S./Canada relations will improve. I would imagine they’re probably going to focus on the oil-sands first.

**Amir Zuccolo**

age 32, Calgary

A: If we can get rid of Stephen Harper then they will improve.

**Leslie Philmore**

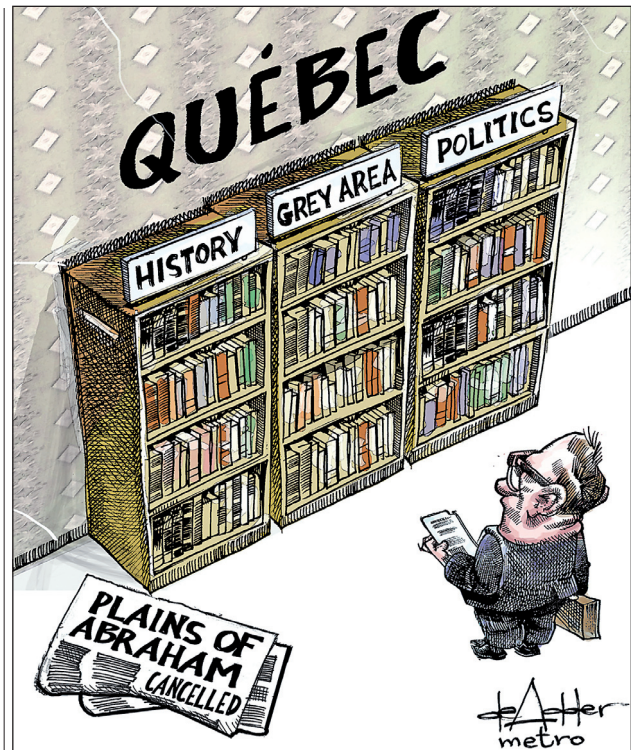
age 36, Halifax

A: It depends on the Canadian government’s response to him. I think his election makes Canadians think they can elect someone like Ignatieff.

**Karen Faris**

age 43, Ottawa visitor from Rochester, N.Y.

A: I think he’ll reach out and try to make things better. His intent is inclusive-ness.



It’s your turn to tell others what you think. Email your thoughts and opinions to: [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca)

Letters must include sender’s full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Edmonton 10123 — 99 Street NW, Edmonton, AB T5J 3H1, Tel: 780-702-0592; Advertising: [adinfoedmonton@metronews.ca](mailto:adinfoedmonton@metronews.ca); [edmonton\\_distribution@metronews.ca](mailto:edmonton_distribution@metronews.ca); News: [darren.krause@metronews.ca](mailto:darren.krause@metronews.ca)



TRAVEL SOMEWHERE THAT SOCKS AREN’T REQUIRED.



Ecco® Yarrah



Ecco® Identity



Ecco® Lobato



**ecco**  
Shoe Store

Kunitz Shoes | 780.438.4259 | 23rd Avenue and approximately 114 Street Ecco Shoe Store | 780.428.0200 | 10511 109th Street | Next door to Donovan’s



**Trump casino unit files for bankruptcy**

Trump Entertainment Resorts Inc., the casino operator of the Trump Taj Mahal, Trump Plaza and Trump Marina that's named for Donald Trump, filed for bankruptcy protection yesterday as the recession and declining gambling revenues took its toll. **REUTERS**

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Obama plan worries oilsands producers

**Canada's oilsands industry, battered by collapsing oil prices, also faces the prospect of ballooning costs as the United States and Canada prepare to discuss energy security and efforts to fight global warming.**

When U.S. President Barack Obama visits Ottawa Thursday, energy will be a key topic in his talks with Prime Minister Stephen Harper, who often touts Canada as an emerging energy superpower due to its massive oilsands resources.

Oilsands producers worry that Obama's plan for a cap-and-trade system to reduce emissions of greenhouse gasses could make their operations too costly with buy-

### Viewpoints

- The White House has so far been mum on what official stance the president will take on oilsands.
- The Council for Foreign Relations said the issue will test "how the administration balances energy security and climate change."
- The Canadian Association of Petroleum Markets said "the real key for us is to set a framework."

### Obama's Visit

ing and selling permits — especially at current depressed oil prices. Harper also has voiced support for a cap-and-trade system.

Environmental groups call the oilsands "dirty oil"

and say its development is hazardous to communities and the environment. Some in the Obama camp appeared to agree with that message during the election, and producers fret about the push for standards that reward low carbon emissions.

**REUTERS**

**JOIN**   
Become a member today!  
[metrolifepanel.ca](http://metrolifepanel.ca)

### Does Your Portfolio Sing the Blues?

Then you should review your strategy.

For a second look by a seasoned professional, contact:

**JOEL DAVID**, FCSI, LL.B., TEP, INVESTMENT ADVISOR, **CIBC Wood Gundy** at (780) 970-5345 or [joel.david@cibc.ca](mailto:joel.david@cibc.ca) or visit [joelcdauid.com](http://joelcdauid.com).

 **CIBC Wood Gundy** CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of CIBC and Member CIPF. If you are currently a CIBC Wood Gundy client, please contact your Investment Advisor.

### Career Finder

To advertise contact **Carrie Solinas** at t: 780-701-0348 or e: [carrie.solinas@metronews.ca](mailto:carrie.solinas@metronews.ca)

### Job At Home

**\$487.68 Weekly.**  
Mail Work, Assemble Products or Computer Work.  
[www.TopJobAlberta.com](http://www.TopJobAlberta.com)  
Or Write to: **CHR Jobs**  
900 Greenbank Road  
Suite #415 • #916-MC1  
Ottawa ON, K2J 4P6

### COAST TO COAST

Pick-up your Metro daily!

  
Do it daily.

### EDMONTON

### CENSUS WORKERS NEEDED 2009 MUNICIPAL CENSUS

Pick up a few weeks of work outdoors this spring! Census workers are needed this April to visit Edmonton homes and record information from residents.

If you are a people person, detail-oriented and enjoy walking, this is a great way to make some extra money on a short-term project.

Covering a census area will take approximately three weeks. Hours are flexible, but you must visit all the homes in your area within a fixed time period.

For more information, visit [www.edmonton.ca/census](http://www.edmonton.ca/census) or call **780-496-8008**.

Applications are available on the website or at the Election and Census Office (16304-114 Avenue) or at the Office of the City Clerk (third floor, City Hall). Office hours are 8 a.m. to 4:30 p.m., Monday to Friday.

 **Edmonton**

 **Edmonton Census 2009**



**McDonald's®**  
is Proud  
to Sponsor  
**Promoters of the Week**

**Donna F.**  
JASPER EAST MOBILE

**Ken K.**  
BELVEDERE LRT

**CONGRATULATIONS**

Each Promoter will receive a **McDonald's** gift certificate

  
Do it daily.



### Pizza 73 Call Center Agents

**PIZZA 73 HAS AN OPPORTUNITY FOR EVERYONE.** We offer flexible scheduling ideal for students, as well as full time opportunities with benefits and unlimited potential for growth within our company. We are looking for dynamic individuals with exceptional customer service skills and great keyboarding ability to join our team. We offer a variety of flexible shifts from 4PM – 3AM, with part time and full time positions available. Previous Call Centre and / or Sales experience is an asset. Base salary is supplemented by commission plus shift premiums. Our Call Centre is directly connected to the Bay Station LRT and bus transit stop at 103 Street and Jasper Avenue. We provide secure parking in our heated parkade in the evenings as well as transportation home for closing shifts on the weekends. We have a great view, a large lunch room equipped with Cable TV, and a casual dress working environment.

To apply for a Customer Service Center position, send your resume to [CSCjobs@pizza73.com](mailto:CSCjobs@pizza73.com) quoting "CSC" in the subject line or fax resumes to **780.498.3480**







Struggling veteran forward Alex Kovalev has been given some time off by the Montreal Canadiens. General manager Bob Gainey said yesterday he met with Kovalev to tell him he won't go on the team's trip this week for games tonight in Washington and tomorrow in Pittsburgh. **METRO NEWS SERVICES**

# Sports



**"I knew we weren't taking Tic Tacs ... I didn't think they were steroids."**

Alex Rodriguez at a Yankees news conference yesterday, discussing how his cousin introduced him to the performance-enhancing drug "boli" in 2001, saying it was an over-the-counter substance in the Dominican Republic. Rodriguez blamed his use of the drug on being young and naive. **METRO NEWS SERVICES**

EDITOR: JOHN.CHICK@METRONEWS.CA



For more sports coverage, visit us online at [www.metronews.ca/sports](http://www.metronews.ca/sports)

## Jesse's an Eskie

**The Edmonton Eskimos announced yesterday that coveted free-agent running back Jesse Lumsden has agreed to terms on a one-year contract with an option.**

Widely considered one of the CFL's top young stars and a premier Canadian running back, the Edmonton-born Lumsden played his first four pro seasons with Hamilton.

"Jesse Lumsden is the complete package — he's got the ability to run tackle to tackle with power

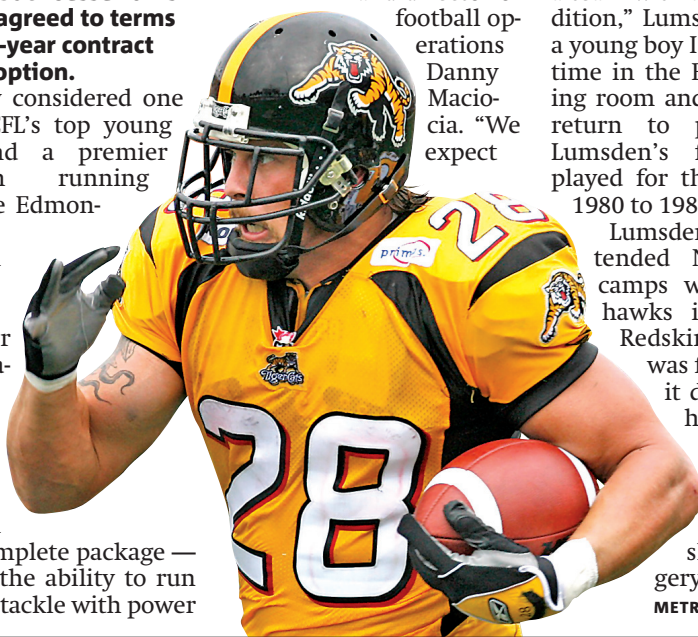
and challenge you with his speed and strength," said Eskimo general manager and director of football operations Danny Maciocia. "We expect

he'll make a big impact on our offence."

"I'm very excited to join a team with a winning tradition," Lumsden said. "As a young boy I spent a lot of time in the Eskimo dressing room and it's great to return to play (here)." Lumsden's father, Neil, played for the Eks from 1980 to 1985.

Lumsden, 26, who attended NFL training camps with the Seahawks in 2005 and Redskins in 2006, was forced to shut it down early in his last two years with Hamilton due to season-ending shoulder surgery.

**METRO NEWS SERVICES**



It through history the great religions have spoken to the return of a future Teacher. The Christians hope for the return of the Christ, the Buddhists look for the coming of a new Buddha, while the Muslims await the Imam Madhi, the Hindus a reincarnation of Krishna and the Jews the Messiah. How will we know Him? Surely He will ring our hearts with a message of sharing, justice and brotherhood. How can we prepare the way for Him? Each day brings opportunities, large and small, to act in favor of unity and justice. Our willingness to share will make a real difference in our world.

[www.shareintl.org](http://www.shareintl.org)

## Oilers Find their way to San Jose



Zack Stortini celebrates his first-period goal against the Sharks last night. For a full game recap, visit [metronews.ca/sports](http://metronews.ca/sports).

### SCOREBOARD

NHL	NBA	TONIGHT'S GAMES
<b>YESTERDAY'S RESULTS</b> Buffalo 4 Toronto 1 Boston 5 Carolina 1 Chicago 5 Tampa Bay 3 Florida 4 New Jersey 0 Vancouver at Calgary Ottawa at Colorado <b>EDMONTON</b> at San Jose <b>TONIGHT'S GAMES</b> N.Y. Islanders at N.Y. Rangers St. Louis at Columbus Montreal at Washington	<b>YESTERDAY'S RESULTS</b> Phoenix 140 L.A. Clippers 100 Houston 114 New Jersey 88 Indiana 100 Philadelphia 91 Milwaukee 92 Detroit 86 New Orleans 100 Oklahoma City 98 New York 112 San Antonio 107 (OT) Orlando 107 Charlotte 102 (OT) Washington 111 Minnesota 103 Memphis at Utah	Nashville at Detroit Los Angeles at Anaheim Atlanta at L.A. Lakers <b>TONIGHT'S GAMES</b> Cleveland at Toronto Denver at Philadelphia Indiana at Charlotte Minnesota at Miami Chicago at Milwaukee Orlando at New Orleans New Jersey at Dallas New Orleans at Sacramento Memphis at Portland Phoenix at L.A. Clippers L.A. Lakers at Golden State

**SERVICE DIRECTORY**  
TO ADVERTISE CALL **780.702.0592**

### MORTGAGE

**NEED A MORTGAGE Specialist?**

Call **Kelly Parkinson** for all your Mortgage Needs!  
**780.690.4363**

### FINANCIAL

**\$500\$ loan service**

by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.

Call toll free: **1-877-776-1660**

### PSYCHIC

**Psychic Cristina**  
SPIRITUAL HEALER AND LOVE SPECIALIST

Past ~ Present ~ Future

ADVICE & SOLUTIONS TO ALL PROBLEMS

LUCK • LOVE • MONEY • FAMILY • HEALTH

CAN REMOVE ANY SORROW YOUR HEART HAS FELT

FULL LIFE READING \$25

CALL FOR 1 FREE QUESTION  
780.729.5551

**COAST TO COAST**

Pick-up your Metro daily!

**metro**  
Do it daily.

## >> Take winter by storm.

Celebrate 10 years of the smart fortwo with this special offer. Starting from \$14,990\*.

#### Safety

- > electronic stability program (esp®)
- > four standard air bags
- > the tridion safety cell

#### Environmental impact

- > low emissions
- > low fuel consumption (5.4 l/per 100 km)▲
- > 100% recyclable body panels

#### Fun to drive

- > new, more powerful engine
- > 5-speed automatic transmission
- > enhanced agility



thesmart.ca

#### 2009 smart fortwo coupé

Lease For **5.9%** or Finance From **3.9%**  
for 39 months\*\* for 60 months\*\*

Additional **FREE winter tires** with installation.\*

©2009 smart Canada, a division of Mercedes-Benz Canada Inc. \*MSRP for a 2009 smart fortwo pure coupé. \*\*See your local smart Centre for details. \*Fuel consumption based on combined city/highway estimate. \*Winter tire package valued at \$825.00 (list price, \$759 for 4 tires and \$66 for installation). Offer ends March 31, 2009. Offer valid on applicable 2009 smart lines (pure, passion, cabriolet and BRABUS\*). \*NB the winter tires do not fit on the BRABUS wheels, pure or passion wheels are needed.

MCA 0218



# Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

## Maybach's new metal

Maybach has announced its Zeppelin will premiere at the Geneva Motor Show, Canadian Driver reports. It is a successor to the Maybach Zeppelin that was considered the ultimate in high-class automotive engineering in the 1930s. The flagship Zeppelin will feature a unique paint finish, meticulously crafted interior materials, and several new options including a perfume atomizer.

METRO NEWS SERVICES

# Equator light truck heavy on features

JIM KERR  
for Metro Canada

**There's a new player in the light truck market. Suzuki has expanded their lineup, not only adding compact cars and mid size SUV's, but now also have a mid-size truck in their portfolio. They call it the Equator.**

Suzuki has built trucks before. Their first truck was the Suzulight Carry in 1961. We didn't see it here. Compared to other manufacturers, Suzuki is a relative newcomer to Canada, with Suzuki Canada Inc., founded in 1979 by parent company Suzuki Motor Corporation. To build a truck for North America, Suzuki has partnered with Nissan and will utilize Nissan's next generation Frontier platform for their first venture into the mid-size truck market.

According to Seiichi Maruyama, president of Suzuki Canada, "Pickup buyers in Canada are a particularly good fit for Suzuki since, statistically speaking, they're more likely to participate in lifestyle-oriented activities."

While U.S. buyers get the option of extended cab or crew cab, four cylinder or V6, manual or automatic transmission, the Equator in Canada is only available with the more versatile

and popular crew cab configuration with V6 and automatic transmission. With 261 horsepower, the 4.0 litre V6 engine with a five speed automatic transmission provides ample power.

Fuel economy is rated at 14.4 L/100 km in the city and 10.4 L/100 km on the highway, which is excellent for a vehicle with 281 ft lbs of torque and a towing capacity of 2767 kg.

For some serious off-road adventures, shift the standard two-speed transfer case into low range and let that four wheel drive system do the work. Stability control, traction control and ABS will help the driver both on and off road. A spray-in bedliner comes as standard equipment on every Equator and this tough low-slip surface will keep the interior of the box

looking good no matter what you are hauling.

Inside, the Equator offers air conditioning, power

windows and locks, keyless entry, cruise control, tilt steering, 60/40 split folding rear seats with underseat

storage and security net over the storage area, rear window defroster and heated outside mirrors.

The interior looks attractive and access is very good, with the rear doors opening a full 90 degrees.



## 2009 EQUATOR

### BOOK YOUR TEST DRIVE TODAY!



### 2009 Suzuki Equator

**Type:** 4WD mid-size pickup truck

**Price:** from \$33,795

**Engine:** 4.0 litre DOHC V6

**HP:** 261 at 5600 rpm

**Torque:** 281 lb.ft. at 4000 rpm

#### Highlights

- Stability control
- Spray-on bed liner
- Rear window defroster
- Air conditioning

INSURANCE INSTITUTE  
FOR HIGHWAY SAFETY

THE SX4 SEDAN AND GRAND VITARA HAVE BEEN TESTED FOR  
SAFETY BY THE INSURANCE INSTITUTE FOR HIGHWAY SAFETY.



MSRP STARTING FROM \$19,209\*  
SPORT MODEL SHOWN\*

### 2009 SX4 Hatchback

Lease from **\$199** Lease APR **2.4%**

per month, for 36 months with \$4,454 down payment.

Air Conditioning / Power Windows, Locks and Mirrors / Remote Keyless Entry / And more...

9.2 L/100km city (31 MPG)  
6.5 L/100km highway (43 MPG)\*

Practical and Fuel Efficient  
Compact

Comfortable  
Spacious Interior

MSRP STARTING FROM \$19,209\*  
JX MODEL SHOWN\*



### 2009 Grand Vitara 4WD

Lease from **\$299** Lease APR **1.9%**

per month, for 36 months with \$6,449 down payment.

4-Wheel Drive / Air Conditioning / Power Windows, Locks and Mirrors / Remote Keyless Entry / And more...

11.2 L/100km city (25 MPG)  
8.1 L/100km highway (35 MPG)  
FOR 4-CYL MANUAL TRANSMISSION\*

New Fuel Efficient  
4-Cyl Engine

3000 lbs  
Towing Capacity

MSRP STARTING FROM \$27,964\*  
JLX MODEL SHOWN\*



NO SECURITY DEPOSIT ON 2009 LEASES.

0% PURCHASE FINANCING AND UP TO \$1,500 BONUS ON MOST REMAINING 2008 MODELS.\*



Western Canada's  
#1 Suzuki Store

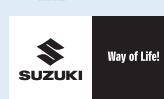
Every new Suzuki comes with a 5-year 100,000 kilometre powertrain limited warranty and 5-year unlimited kilometre roadside assistance.

SPECIAL TOLL FREE HOTLINE

**1-866-617-9840**

**17431 - 102 AVENUE**

**westendsuzuki.com**



## 2004 Audi TT 3.2 Quattro AWD

# \$28,888

#AU046321, low kms



David Morris  
Fine Cars Ltd.

**780.484.9000**  
PLEASE ASK FOR DEAN OR IAN

17407 - 111 Ave, Edmonton  
desmail@dmfc.ca



CONSUMERS SHOULD READ THE FOLLOWING: Vehicles may not be exactly as shown. Limited time offers are subject to change without notice. \*MSRP of models shown, 2009 SX4 Crossover J1X AWD with manual transmission (Model H3N8029), 2009 Grand Vitara J1X with automatic transmission (Model L2NB5V9), 2009 SX4 Hatchback J1X with automatic transmission (Model H3N8419) and 2009 SX4 Sedan Sport with manual transmission (Model S3L8343) is \$25,009/\$30,964/\$21,809/\$21,159. \*MSRP of a new 2009 SX4 AWD Crossover with manual transmission (Model H3N8019), 2009 Grand Vitara 4WD with manual transmission (Model L2NB5V9), 2009 SX4 Hatchback with manual transmission (Model H3N8390) and 2009 SX4 Sedan with manual transmission (Model S3L8319) is \$21,009/\$27,964/\$19,209/\$19,209. Destination and delivery charge of \$1,395/\$1,550/\$1,395/\$1,395, \$299 administration fee, \$20 tire recycling tax and \$100 air conditioning tax included. \$75/\$75/\$75/\$75 tax for fuel conservation (where applicable), duties on new tires (where applicable), other taxes, license, insurance, applicable fees and registration are extra. \*\*Limited time lease offers available to qualified retail customers on approved credit through FinancialLink. 2.9%/1.9%/2.4%/2.4% lease APR for 36/36/36/36 months (6.92% effective APR on 2009 SX4 AWD Crossover for information purposes). Monthly lease payment is \$239/\$299/\$199/\$199 with \$4,319/\$6,449/\$4,454/\$4,804 down payment or equivalent trade-in. Total lease obligation is \$15,518/\$20,517/\$20,416/\$11,615.44/\$11,967.87. 50 security deposit, \$350 acquisition fee, \$72 PPSA (where applicable), down payment or equivalent trade-in and first monthly payment due at lease inception. Taxes, license, insurance, applicable fees and registration are extra. 20,000 km/year total mileage allowance (\$0.10/km for excess mileage), 10% purchase financing available on remaining in-stock 2008 Suzuki vehicles. Up to \$1,500 Bonus\* credit available on select in-stock 2008 Suzuki vehicles. Please see dealer for details. Certain conditions apply. Dealers may lease or sell for less. These offers cannot be combined with any other offer. Based on Fuel Consumption Guide ratings published by Natural Resources Canada. Your actual fuel consumption may vary. Refer to the Government of Canada publication EnerGuide Fuel Consumption Guide. Information shown is based on the latest available information at the time of print. See participating dealers for conditions and details. Offers end February 28, 2009. ©2009 Suzuki Canada Inc.



## Car Insurance Rates Are Increasing – Are YOU Prepared To Pay More?

The average rates in Ontario for car insurance are set to increase in 2009, with some insurance companies getting the approval to increase their rates by over 10%. Are you prepared to pay more?

Given the economic slowdown, how can you ensure that you are not overpaying for car insurance and getting the lowest rate possible for your driving profile?

### How To Reduce Your Car Insurance Costs?

First and foremost, the best and easiest way to lower the cost of your car insurance is to shop around.

The rates charged by different insurance companies to insure the same driver, with the same car, for the same coverage, can vary by hundreds and even thousands of dollars. So it pays to shop around. Take a look at the table below.

BUT, where do you start? This is where InsuranceHotline.com can help. InsuranceHotline.com is an independent rate comparison engine that gets quotes from over 30 of the top car insurance companies in Canada, presents you with the lowest 3, and then matches you up with a broker or agent that can set up your policy. The service is Fast, Safe and FREE. So if you are keen to save big on car insurance, why not give InsuranceHotline.com a try?

#### RATE COMPARISON

Driving Record	Lowest Price	Highest Price	Price Difference
Clean Record	\$958	\$2,213	\$1,255
1 Ticket	\$1,018	\$2,552	\$1,534
1 Accident	\$1,849	\$3,753	\$1,904

For the **3 lowest rates** from over 30 major insurance companies, go online to **InsuranceHotline.com**

**GOLF AND SPA GETAWAY TO FLORIDA** ESTIMATED PRICE VALUE: **\$5,500**

Win one of two trips to Florida. Choose between a Golf or Spa Package!

InsuranceHotline.com | redtag.ca | VISITFLORIDA | TO ENTER THE CONTEST, GO ONLINE TO INSURANCEHOTLINE.COM

Visit InsuranceHotline.com for full contest details.

# New Golf unveiled

Volkswagen debuted the new 2010 Golf at the Canadian International Auto Show (CIAS) last week in Toronto.

The sixth generation compact hatchback was presented for the first time in North America in a five-door 2.0 litre TDI Diesel version.

One of the world's most popular vehicles ever, the Golf has sold over 26 million units since its introduction in Europe in 1974. Volkswagen also announced that nearly 400,000 Rabbits, Golfs, and GTIs have been sold in Canada since the introduction of the first generation in 1975.

The Golf's redesign team, headed by the Volkswagen Group's chief designer, Walter de Silva, with Klaus Bischoff and Flavio Manzoni, has succeeded in giving the Golf a presence, sharpness, and a power that generates even more fun.

All key body elements were redesigned, and the Golf has a sportier and more distinctive image.

In front, the new car adopts the radiator grille of the first generation Golf



The 2010 Volkswagen Golf made its North American debut at the Canadian International Auto Show in Toronto last week.

that is horizontally aligned between the headlights. The lines of the bumper match those of the radiator grille, and beneath this is a section with another air scoop.

The rear is characterized by a predominance of horizontal lines. The taillights — now very wide — are marked among other things by an unmistakably unique night design, and bear a resemblance to the taillights of the Touareg TDI Clean Diesel.

The interior is also newly designed, especially in the cockpit area. The appearance and layout of the materials, including details

such as brushed chrome accents and round instruments derived directly from the Passat CC, and well-thought ergonomic properties with controls that are easier to use all contribute to a highly functional and pleasant experience.

METRO NEWS SERVICES

AutoPilot

**Mike Goetz**

Read at metronews.ca

Are you looking for a career change?  
Become a registered nurse in 2 years.\*

The University of Alberta Faculty of Nursing offers a 2-year Bachelor of Science in Nursing After Degree Program for people with a previous university degree in any field. This program can be taken in Edmonton or Camrose.

For more information, go to  
**www.nursing.ualberta.ca**  
or call 780-492-1242

Application deadlines:  
March 15<sup>th</sup> to start September, 2009  
October 15<sup>th</sup> to start January, 2010

 FACULTY OF NURSING  
UNIVERSITY OF ALBERTA

\* Completion of a BScN degree is required to write the Canadian Registered Nurse Examination



**Bird's Nest of Beijing Restaurant**  
Located in the Comfort Inn & Suites | 10425 - 100 Ave

## Enjoy our \$10.95 Lunch Buffet

SOUP • APPETIZERS • ENTRÉES • DESSERT

or à la carte selection of Dim Sum

## Enjoy our Dinner Buffet

SOUP • APPETIZERS • ENTRÉES • DESSERT

or à la carte Pan Asian cuisine

Monday to Thursday 5:00pm - 9:30pm | \$14.95

Friday to Sunday 5:00pm - 9:30pm | \$18.95

or Hot Pot | \$15.95



**Phone: 780.990.6607**  
FREE PARKING | DELIVERY AVAILABLE



**Two-for-one deal extended**

Trafalgar Tours has extended the booking period for its Buy One, Get One Free airfare deal with British Airways to March 31. The promotion covers travel from a variety of Canadian cities to many European gateways; see [trafalgartours.ca](http://trafalgartours.ca) for details. **METRO NEWS SERVICES**

**11**

# Travel



## Dublin guide

If you're thinking of heading to Dublin for St. Patrick's Day, check out [visitdublin.com](http://visitdublin.com) for a rundown of hotel deals, activities, maps and iWalks, free podcast audio guides to the city. You'll also find a link to the Dublin Pass, a savings package that covers free entry to 27 top attractions, free transport from Dublin Airport to the city and more. The site also boasts a handy countdown-to-St.-Patrick's-Day-2009 clock — and we're at 26 days now, so get planning. **METRO NEWS SERVICES**

TRAVELDESK@METRONEWS.CA

## 'Recession chic' is the travel industry's new buzz phrase

### Riding the Recession

**Hedonism is out in the travel business and "recession chic" is in, according to experts at a recent travel show in New York where customers were looking for bargains to brighten the gloom.**

"People are being more value conscious, but just as important, they're being more conscious of their values, and what that means is that they're looking for experiences that speak to their heart," said Daniel Levine, a trend spotter at the Avant-Guide Institute who analyzes social trends. Levine says as Americans

see their savings dwindle and the economy crumbling around them, they are focusing on what is most important — friends, family, health or the environment — and taking that into account in planning vacations. "It's not about hedonism any more," Levine said at the New York Times Travel Show in Manhattan.

"Destinations that are just offering expensive pampering are going to be hurting," he told Reuters. "The ones that are offering experiences that speak to 'recession chic' values are going to do well." He pointed

ed to a program set up by Ritz-Carlton hotels called Give Back Getaways, which gives guests at its luxury hotels an opportunity to spend half a day volunteering in the community where they are visiting.

Lydia Dean founded a company called GoPhilanthropic two years ago to design custom-tailored, high-end vacations that incorporate support for social and conservation projects in places such as Vietnam, India and Central America.

"In Vietnam, they're given an opportunity to purchase and donate a portable mobile library to a village

that has no books," Dean said. "They get to deliver their book box, spend the afternoon with the children and really get to meet them."

Jeff Duford, sales manager for G.A.P. Adventures which offers "responsible and sustainable" adventure travel in more than 100 countries, said there had been steady growth in the market for five years.

He said the kind of traveler who visits a developing country with G.A.P. was one who considered such travel a central part of their lifestyle, and was determined to go even in hard economic times.

"They will give up that Starbucks coffee every day as opposed to giving up that trip."

One company seeking to ease the pain at a time of rising unemployment is Intrepid, an adventure travel firm that has come up with a special offer called Laid

Off, Take Off, a 15 per cent discount for the newly unemployed. The company's web site urges people to

take advantage of a bad situation, saying: "When the going gets tough, the tough get travelling." **REUTERS**

**"They will give up that Starbucks coffee every day as opposed to giving up that trip."**

Jeff Duford

## ADVENTURE!

### Teach English Overseas

TESOL Certified in 5-Days

In-Class or Online NO DEGREE REQUIRED!

**1-888-270-2941**

**FREE Info Seminar Every Tuesday @ 7pm**

**Job Guaranteed**

10037B-82 Ave.



[globaltesol.com](http://globaltesol.com)



## Add 'Magic' to your New Zealand trip

### Fly Air New Zealand and save!

Buy an Air New Zealand ticket and save \$180 on select Magic Travellers Network passes.

Buy ticket by Feb 28 for travel starting before Sep 30. Ticket and pass must be purchased at the same time. Terms and conditions apply. Ask us for details.

U of A, SUB  
10129 - 124 St, #201

780-492-2592  
780-488-8487

**TRAVEL CUTS**  
[www.travelcuts.com](http://www.travelcuts.com)

DISNEYLAND Resort Hotels

# STAY 5 NIGHTS PAY FOR ONLY 3!

Stay 5 nights for the price of 3 in the heart of the magic



FUN SUN VACATIONS... WE ADD MORE MAGIC TO YOUR DREAM VACATION!

Disney's Paradise  
Pier Hotel

Standard Hotel Room

**\$409**  
from  
(Plus hotel tax \$64 pp)

Disneyland  
Hotel

Standard Hotel Room

**\$507**  
from  
(Plus hotel tax \$77 pp)

Disney's Grand Californian  
Hotel & Spa

Standard Hotel Room

**\$689**  
from  
(Plus hotel tax \$104 pp)

3-Day Disneyland Resort  
Park Hopper Bonus Ticket

**\$206 \$172**  
per adult CAD per child (3-9) CAD



## CONTACT YOUR FAVOURITE TRAVEL AGENT

Sample hotel pricing is valid for stays May 31 – June 5/09 and is based on double occupancy. Hotel taxes listed are additional. "5-for-3" hotel package is offered for Canadian residents only and bookings must be made between Jan 23 & Mar 1/09 for arrivals Jan 23 – Jun 6/09. Offer is not combinable with any other hotel offer. Call for other dates & durations. Not included: airfare, transfers or car rentals. Attraction pass listed is additional. Rates are subject to change and availability. Not valid for group bookings. Restrictions apply. As to Disney artwork/properties: ©Disney





Kristy Swanson and Lloyd Eisler, who tied the knot this month, threw another party over the weekend — son Magnus' two-year-old birthday bash. Guests gathered Sunday in L.A. for cupcakes and entertainment by The Jumpitz. **PEOPLE.COM**

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Location, location

Cameron Diaz and British model Paul Sculfor are reportedly scouring the English countryside for the perfect place to tie the knot according to [femalefirst.co.uk](http://femalefirst.co.uk).

METRO NEWS SERVICES

## Entertainment in brief

**MOVIES** Whether it's the recession, the age of Obama or the fact a hopeful movie is favoured to win best film at Sunday's Oscars, it's clear that change has come to Hollywood. Movie fans and critics have escaped the gloomy economy by seeking out Academy Award front-run-

ner *Slumdog Millionaire*, a rags-to-riches romance about a poor, young Indian man on an odds-defying quest on a television game show. *Slumdog* follows two straight years of dark crime dramas — *No Country for Old Men* and *The Departed* — winning the world's top film

honor, the Oscar, for best motion picture. Party planners and caterers say plans for Oscar festivities have slowed ahead of the Oscar show. Celebrity gift-getting suites are open for business but organizers say giving back seems to be more of a priority among the stars. **REUTERS**

## Oscar's big blunders

PHIL BROWN  
for Metro Canada

**Like it or not the Oscars are coming on Sunday. The annual event might give Hollywood's biggest stars a chance to wear expensive clothing, but the awards should never be taken seriously as an accurate representation of the best films in any year.**

The Academy is a very political beast and the decisions are rarely made for artistic merit. With that in mind, we present a list of Oscar's biggest blunders to help you curb your expectations for Sunday's extravaganza.

**NO LOVE FOR HITCHCOCK OR KUBRICK:** Stanley Kubrick and Alfred Hitchcock are universally regarded as two of the finest directors of all time, but not according to the Academy. Neither auteur took home a best director statue during their illustrious careers. The only time they were honoured was when Hitchcock got an apologetic career achievement award and Kubrick picked up a special effects statue for 2001. Mel Gibson does have a best director Oscar though. Apparently he's way better than those guys.

**CITIZEN KANE IGNORED:** Orson Welles' masterful debut is routinely labelled "the greatest film ever made," but it got snubbed on Oscar night in 1941. The Academy decided to honour John Ford's forgettable *How Green Was My Valley* instead. Welles went



Alfred Hitchcock is regarded as one of the finest directors of all time, but he never took home the Oscar for best director.

## The 81st Annual Academy Awards

on to become a legend, but was never even nominated for a little gold dude again.

**SCORSESE'S SNUB STREAK:** Martin Scorsese may have finally gotten an Oscar for *The Departed*, but it was only after all of his best work was ignored. Scorsese had to see *Taxi Driver* lose best picture to *Rocky* and lose best director to Robert Redford and Kevin Costner before he finally got any recognition. The Academy is lucky that guy even showed up in 2007.

**ART CARNEY'S BEST ACTOR WIN:** Art Carney won the 1974 best actor statue for a movie in which he travelled the country with his

cat. Now, that decision is offensive enough on its own, but it's even worse when you consider that he beat out Al Pacino for *The Godfather Part II*, Jack Nicholson for *Chinatown*, and Dustin Hoffman for *Lenny*. Those are three of the best actors of their generation giving three of their greatest performances. If he'd beaten even one of them it would have been a travesty. The fact that he beat them all is a tragedy.

**FORREST GUMP BEATS PULP FICTION:** In 1994 this decision seemed to make sense. Today, *Pulp Fiction* posters still fill dorm room walls and the only time *Forrest Gump* comes up is when the title is used as a punchline for a joke about the worst representation of the mentally handicapped onscreen. Smooth move Academy.



YOU COULD

# WIN

A PAIR  
OF RUN OF  
ENGAGEMENT  
PASSES  
TO SEE

## FRIDAY THE 13TH

Other prizes to be  
won include:

- Friday the 13th Prize packs
- 1 Limited Edition 1:4 Scale model of Freddy Kreuger!



NOW PLAYING

VISIT METRONEWS.CA AND ENTER  
FOR YOUR CHANCE TO WIN!

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes February 20, 2009. Odds of winning depend on number of entries received. For full contest rules and details, visit [www.metronews.ca](http://www.metronews.ca).



Do it daily.

# SOUL

What's the Price of Fame?

SOUL stars Juno-award winning Keshia Chanté as a gifted young gospel singer on the verge of leaving behind the safety of church and family for the fast-track to pop stardom.

Tonight at 7 p.m.

VISIONTV

[www.visiontv.ca](http://www.visiontv.ca)  
[www.soultv.ca](http://www.soultv.ca)



**Timberlake and Biel moving to the city**  
Looks like Justin Timberlake and girlfriend Jessica Biel will be full-time residents of New York City soon. The pair, who were spotted apartment-hunting back in September, have reportedly settled on a lovely \$2.9-million US Chelsea duplex, according to Us Weekly. **METRO NEWS SERVICES**

entertainment13

# Lost and Idol do TV battle Wednesday

The Fox network is shaking up Wednesday night by swapping reality hit American Idol and the new police procedural Lie to Me.

Once the singing competition moves into the finals March 11, Fox will pivot Idol to 9 p.m. EST, turning its ratings Death Star against ABC's Lost for the rest of season.

The Tim Roth-starring Lie to Me will stay out of the way by shifting to 8 p.m.

Though Idol and Lost tend to have different audiences, last week Fox aired a two-hour Idol that stretched into the 9 p.m. hour and seemed to take a little steam out of the mystery thriller, whose ratings have fallen with each episode this season.

For Lie, the move is a mixed blessing. The drama won't have nearly as much competition at 8 p.m. Wednesday, but it won't have Idol for a lead-in either.

This is the first time in two years that Lost has faced Idol.

REUTERS

GlobalStyle

**Kenya Hunt**

Read the latest fashion news, including New York Fashion Week highlights, at [metronews.ca/globalstyle](http://metronews.ca/globalstyle)

## Entertainment in brief

**TELEVISION** AMC and Sony have launched online minisodes for the Emmy-winning series Breaking Bad to promote the show's upcoming second-season premiere. The

five-minute stand-alone shorts will feature the show's regular cast, and began debuting yesterday on AMC's site and crackle.com. The minisodes are one of three digital extensions for

the drama, which returns March 8.

**NEWS** Longtime ABC News correspondent Sam Donaldson is easing quietly into part-time

work. The 74-year-old journalist, who was the network's chief White House correspondent from 1977 to 1989, is leaving full-time work later this month. Donaldson, who says

he's not retiring but "cutting back," told the Washington Post that he didn't ask for a new contract when his last one was due for renewal late last year.

REUTERS

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/18/09	2	CFRN	239 318	etalk	Hollywood	CSI: NY (HDTV) (N)	American Idol (HDTV)	Criminal Minds (HDTV)	News (N)			
	3	KHQ	- 370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Knight Rider (HDTV)	Life "I Heart Mom" (N)	Law & Order		
	4	CBXT	- 307	Coronation St.	Jeopardy! (N)	The Week the Women Went	Being Erica (N) (DVS)	CBC News: The National	The Hour			
	6	KREM	- 372	News (N)	Hollywood	The Doctors	Old Christine	Gary Unmarr	Criminal Minds (N)	CSI: NY		
	7	CKEM	241 347	Law & Order: SVU		13: Fear Is Real "Alone"	Hates Chris	Friends	I Love Money	Your City		
	8	CITV	240 339	ET Canada	Entertainment	(8:02) Life on Mars	Lie to Me "Love Always"		Bones (HDTV PA) (N)	News Hour		
	11	OMNI	- -	Two/Half Men	The Simpsons	News	News		The Simpsons	King	Metropia	
	12	CBXFT	119 705	Virginie (SC)	L'Epicierie	Le Match des étoiles (N) (SC)	Les Invincibles (N) (SC)		Le Téléjournal et Les Nou		TJ Alberta	
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Lost (HDTV)	Lost "316" (N)	Life on Mars		
	16	KAYU	- 373	The Simpsons	Raymond	Two-Half Men	Two/Half Men	American Idol (HDTV)	Lie to Me "Love Always"		News (N)	
primetime	19	CHTV	- -	The Insider (N)	E! News	True Hollywood Story		Knight Rider (HDTV) (N)	Party Monsters: Cabo (N)		News (N)	
	22	KSPS	- 374	NewsHour With Jim Lehrer		Monarchy: The Royal Family		American Masters (HDTV) (N)			Fred-The Guy	
	24	WTVS	- 364	American Masters (HDTV) (N)			Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N)		
	15	CBCN	502 -	CBC News: The National		Animal Takeover (N)		CBC News: The National		CBC News: The National		Takeover
	21	TWN	505 398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	27	CNN	500 500	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	54	CTVN	501 391	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	70	BNN	504 508	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	20	TSN	400 400	NHL Hockey		SportsCentre (HDTV) (Live)		Off the Record		Winter X Games (HDTV)		Winter X
	23	net	408 418	WHL Hockey Saskatoon Blades at Calgary Hitmen. (Live)						Sportsnet Connected		Ult. Fighter
news	47	SPEED	417 406	Pinks (HDTV)	Pinks (HDTV)	Drag Race	Wrecked	Pimp My Ride	Pass Time	Pinks Outtakes	Pinks Outtakes	Pinks (HDTV)
	94	SCORE	410 403	Poker Million Pound Challenge.		Score Tonight		Hardcore Hockey Talk		Final Score	Final Score	Final Score
	9	EDACC	267 351	Truth, Duty, Valour		Law & Order "Rapture"		Lost (HDTV)		Lost "316" (N)		Truth, Duty
	14	YTV	552 543	Drake & Josh	iCarly	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	Adrenaline Proj	Prank Patrol	Falcon Beach
	17	TREE	553 546	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	42	TOON	555 545	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
	45	FAM	557 541	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	-	TVA	121 714	TVA 18 heures	Le Cercle (SC)	Poule-oeufs or	Star Académie:	Destinées (HDTV) (N) (SC)		Dommages et intérêts (SC)		TVA 22 heures
	18	CMT	575 583	Reba	Reba	Hope & Faith	Hope & Faith	Three Chords	Tara Diaries	Home Improve.	Home Improve.	Reba
	25	A&E	615 520	Bounty Hunter	Bounty Hunter	Bounty Hunter	Exterminators	Exterminators	Exterminators	Bounty Hunter	Bounty Hunter	Bounty Hunter
sports	26	MMM	571 581	All-Time Top Ten (N)		Confessions of a Teen Idol		Revival	Back In	Party of Five		Listed
	29	FOOD	603 561	Iron Chef America		Top Chef (Part 1 of 2) Final challenges.		Dinner Imposs.		Challenge Sandwiches.		Iron Chef Am.
	31	SHOW	617 522	Wife Swap		The Outer Limits		About a Girl	About a Girl	The Guard (HDTV)		Big Love
	32	DISC	520 505	Deadliest Catch		Mayday "Ghost Plane"		Daily Planet		MythBusters		Austin Stevens
	33	SLICE	601 562	Real Housewives of OC		Kimora: Fab	Kardashians	ET Canada	Matchmaker	Chop Shop	Mr. Friday	Trading Sp
	34	W	602 567	Style by Jury	Style by Jury	Will & Grace	Friends	Grocery	Grocery	How Clean	How Clean	Maxed Out (N)
	35	TLC	521 560	Incredibly Small		Mystery Diagnosis		My Shocking Story		Incredibly Small		Mystery Diag.
	36	BRAVO	620 523	Wingfield	Wingfield	Death at-Opera	Broadway	Law & Order		Without a Trace		Beautiful Ppl
	38	SPIKE	628 584	UFC's Ultimate Fight Night				Ways to Die	EA Gillette	CSI: NY "On the Job"		Disorderly
	40	HIST	522 506	Museum Mysteries-World		NCIS "The Curse"		Lost Inventions		Cities of the Underworld		Dig for Truth
family	41	COM	626 547	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Jon Dore Show
	43	SPACE	627 528	Star Trek: Voyager		Rabbit Fall	Rabbit Fall	Stargate SG-1		Star Trek: Next Gener.		Trek: Voyager
	44	WPCH	294 650	Hand That Rocks Cradle		Seinfeld	Family Guy	Family Guy	(9:45) The Hand That Rocks the Cradle *** (1992)			
	46	OLN	411 457	Mantracker	Mantracker	Bounty Hunter	Bounty Hunter	Survivorman		Mantracker	Mantracker	Bounty Hunter
	48	TROP	619 525	What Happen?	What Happen?	Reality	Ad Persuasion	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy
	50	STAR	621 527	Blush: Make-Up Artist		The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)		Fashionista
	52	HGTV	600 564	Property Virgin	Unsellable	Hid Potential	Really Big Flip	Holmes on Homes		Property Virgin	Unsellable	Mansions
	65	TLN	700 800	(6) Linea di Confinare (Italian).		Raymond	Raymond	George Lopez	George Lopez	The Sopranos (SS)		David Rocco
	92	APTN	269 350	APTN National News: Contact		Reel Insights		Canadian Geographic		Miywayawin	Guides	Wings-Canada
	93	VISION	261 394	SOUL "Twice" (N)		Tuscany		Poltergeist: The Legacy		Great Scout and Cathouse Thursday		
cable variety	100	MTV	581 566	The Real World		The Real World (N)		MTV Live	After	From G's to Gents		Real World
	101	MM	570 580	T.J.'s Road to Redemption		Video on Trial	Video on Trial	PunchMuch		America's Best Dance Crew		MuchTopTens
	102	CPAC	512 396	Border		Podium	Tete a Tete	Primetime Politics		Border		Podium
	103	VIVA	526 507	Medium		Mediums	Psychic Det.	Mediums	Encounters	Judging Amy		Medium
	106	RDI	126 730	Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal (SC)		Le Journal RDI	Le National	Le Téléjournal

## critics'corner

**Corner Gas**  
"Mandelbaum! Mandelbaum!" Oops, sorry, that was "Seinfeld." But "Physical Credit" may put you in mind of the time an elderly fitness trainer went to work on Jerry. In this case, it's Oscar (Eric Peterson), who makes Davis (Lorne Cardinal) his fitness protege. Wanda (Nancy Robertson) is miffed when Hank (Fred Ewanuick) is approved for a credit card she can't get. Brent and Lacey (Brent Butt, Gabrielle Miller) compete over a secret. 12:30 PM on COM



**Knight Rider**  
They say you can't go home again, and that's especially true if by "home" you mean "old bar you used to hang out at when you were younger." Mike (Justin Bruening) decides to visit one of his old haunts, Sonny's Bar, and finds it's changed for the worse. It seems Sonny was killed in a car accident, and his daughter (Alona Tal) is now running the place. Mike offers to help out in order to return it to its former glory, but someone's got other plans. 9 PM on KHQ



# BLING IT ON CONTEST

You could **WIN** a Fabulous Trip to **L.A.**

Watch for the *word of the week* during **KIMORA: LIFE IN THE FAB LANE** and **KEEPING UP WITH THE KARDASHIANS** Tonight from 8 – 9 on Slice™.

For details visit [metronews.ca](http://metronews.ca)

**Do it daily.**

**MY VICE IS SLICE**

No purchase necessary. Limit one entry per person per day. Only 1 grand prize. Approx. retail value \$5,000. Must be Canadian resident who is age of majority in province they reside. Excludes Quebec residents. Contest runs from Wednesday, February 11, 2009 through Tuesday, March 10, 2009. Mathematical skill testing question must be answered correctly. Odds of being selected depend on # of eligible entries received. For full set of Contest rules, visit [www.slice.ca](http://www.slice.ca).





Roseanne Barr has taken to her blog to comment on Chris Brown's alleged assault of girlfriend Rihanna, saying his "lies and excuses" sound "just like every sleazy bastard who ever smacked his wife, kid, mother or girlfriend." **METRO NEWS SERVICES**

## Celebrity Buzz

# Madonna brainwashing my son: Model's mother

**PEOPLE** Not only is Madonna, 50, old enough to be boy-toy Jesus Luz's mother, she's old enough to be the 22-year-old's grandmother, wonderwall.com reports.

The New York Post reports that Luz already has a grandma, and she is around 50 years old, too. Meanwhile, Luz's mom, Cristiane Regina da Silva, a hairdresser in Brazil, is apparently 14 years younger than Madonna and believes the pop icon has kidnapped

and brainwashed her son. Luz's whole family (and trail of ex-girlfriends) back in



GETTY IMAGES PHOTOS

Brazil are apparently upset he spent Christmas in the Maldives with Madge, and the Brazilian media are claiming that her PR people confiscated his cell-phone. Apparently the Luz clan, all devout Christians, are worried that Jesus will be lured into Kabbalah. He's already dropped the 40 Graus Modelos modeling agency back in his homeland to join Ford Models in New York, if that's any indication of his burgeoning commitment to Madonna, the website adds.

**METRO NEWS SERVICES**

## Leave Jessica alone: Jennifer

**PEOPLE** Jennifer Love Hewitt wishes people would stop debating Jessica Simpson's weight, usmagazine.com reports.

"I wish they would leave her alone," she said.

Her message to Simpson? "Ignore it, live your life and be happy."

Hewitt — who was famously mocked in 2007 when photos surfaced of her curvy figure in a bikini — told Us she is tired of the "unreasonable" Hollywood standards when it comes to weight.

"We're all supposed to look how we're supposed to look. We're made to be different people."

**METRO NEWS SERVICES**



## Lindsay talks Big Macs and weight rumours

**PEOPLE** Lindsay Lohan insists she loves Big Macs, femalefirst.co.uk reports.

The actress has sparked concerns for her health after being pictured with an increasingly skinny frame, but has blamed her slim physique on her hectic work schedule.

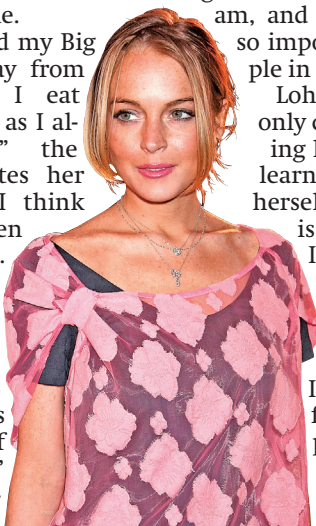
"I eat. I had my Big Mac yesterday from McDonald's. I eat just as much as I always have," the website quotes her as saying. "I think I've just been working a lot. It's just down to stress and lack of sleep when I travel. I think it's all that stuff that adds up." The 22-

year-old star won't listen to criticism about her weight, adding she doesn't want to be pressured into looking a certain way.

"I'm my own person, and people can say whatever they want. I'm still going to be the person that I am, and I think that's so important for people in Hollywood."

Lohan added she only cares about being happy and has learned to accept herself the way she is: "I think that I don't ever want to pretend to be something that I'm not. I'm not perfect, nobody is perfect."

**METRO NEWS SERVICES**



## No romance, Katy says

**RUMOUR** Katy Perry has denied that she is seeing Benji Madden, femalefirst.co.uk reports.

The singer sparked rumours she was dating the Good Charlotte rocker when they were spotted enjoying a cozy evening in Las Vegas on Valentine's Day, but she insists they are just friends.

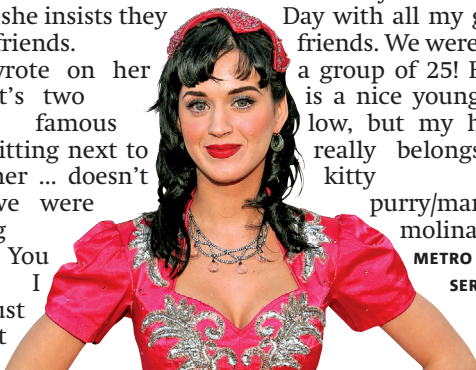
She wrote on her blog: "It's two pseudo famous people sitting next to each other ... doesn't mean we were bumping uglies. You know I don't just do that

with anyone."

The 24-year-old singer explained she was celebrating the romantic day with a group of friends.

Admitting she only has time for her pet cat, she wrote: "I was there celebrating a really fun show and a boozy Valentine's Day with all my good friends. We were like a group of 25! Benji is a nice young fellow, but my heart really belongs to kitty purry/markus molinari."

**METRO NEWS SERVICES**



## Jen and John's V-Day trip

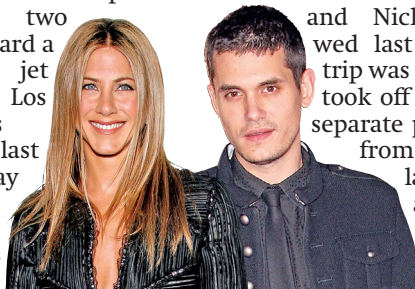
**RELATIONSHIP** Jennifer Aniston and John Mayer celebrated Valentine's Day with a trip to the Bahamas, usmagazine.com reports. The vacation was a present from Mayer, x17online.com reports.

The two left aboard a private jet from Los Angeles late last Thursday night — a day af-

ter Aniston's 40th birthday — and arrived on the island of Eleuthera the next morning, according to x17.

They stayed in a gated, luxurious home on the north of the island — where Mariah Carey and Nick Cannon wed last year. The trip was short: Both took off Monday in separate private jets from the island's main airport.

**METRO NEWS SERVICES**

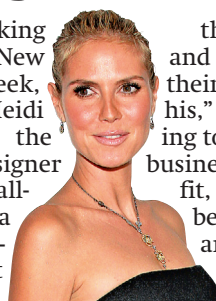


## Klum shrugs off 'fat' comment

**CRITICISM** While taking a break from New York Fashion Week, supermodel Heidi Klum addressed the hubbub over designer Wolfgang Joop calling her fat. "It's a life where every-

one can say what they want to say and everyone can have their opinion — that is his," she said, according to In Touch. "In this business you have to be fit, but I always try to be a good role model and not too thin."

**METRO NEWS SERVICES**



## Motherhood a time-thief: Julia

**FAMILY** As a full-time stay-at-home mom for the past year, Julia Roberts says life outside the Hollywood spotlight has been anything but uneventful — thanks to her three kids with husband Danny Moder, people.com reports.

"Danny and I talk about, 'What did we do with all the time we must have had?'" she tells Allure in its March issue. "Because you don't recognize it as such, until you have all these little ...

time thieves running around your house."

**METRO NEWS SERVICES**



## Josh and Fergie on honeymoon No. 2?

**MARRIAGE** Less than one month after their tropical getaway to the Maldives, Josh Duhamel and Fergie jetted off to the Mayan Riviera in Mexico for another romantic vacation last weekend, this time to attend the wedding of a friend, people.com reports.

As if on a second honeymoon, a source said the couple enjoyed "lots of outdoor activities, including sunbathing, snorkling, visiting the lowland rainforest and several historic Maya sites."

**METRO NEWS SERVICES**



YOU'RE NOBODY WITHOUT YOUR OWN REALITY SHOW.

**KIMORA**  
LIFE IN THE FAB LANE

Tonight 8



MY VICE IS SLICE

keeping up  
with the  
**Kardashians**

Tonight 8:30

Shaw 33 | Bell TV 601 | Star Choice 562

slice.ca



**Today**  
Mostly cloudy  
-3 °C / -20 °C

**Thursday**  
Some clouds  
-2 °C / -13 °C

**Friday**  
Partly cloudy  
-2 °C / -16 °C



**Michele McDougall, Weather Specialist & Host – Breakfast Television**  
 “My favourite part is reporting the weather. It fascinates me, and as we know around here, it’s always changing, keeping forecasters on their toes.” **WEEKDAYS AT 6 A.M.**

## Take Five

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18				19				20				
				21		22	23		24		25	26
28	29	30						31		32		
33				34					35		36	
37				38		39			40			
41				42		43						
				44		45			46		47	48
50	51	52						53	54		55	
56						57					58	
59						60					61	

### Crossword across

- |                           |                        |
|---------------------------|------------------------|
| 1 Lawyers’ org.           | 36 Prior night         |
| 4 Bob or Elizabeth        | 37 Collections         |
| 8 Lather                  | 39 Risked              |
| 12 Pistol                 | 41 Baghdad resident    |
| 13 “Metamorphoses” poet   | 43 Make (one’s way)    |
| 14 Contemporary coin      | 44 Multi-purpose truck |
| 15 “Guinness Book” suffix | 46 Refuge              |
| 16 Quarantine facility    | 50 Mideast region      |
| 18 Filch                  | 55 Sapporo sash        |
| 20 Unruly group           | 56 Culture medium      |
| 21 Apprehends             | 57 — and void          |
| 24 Redden                 | 58 Suitable            |
| 28 Jesus’ home            | 59 Info                |
| 32 Birthright barterer    | 60 With skill          |
| 33 “— Got a Secret”       | 61 Fool                |
| 34 Knapsack part          |                        |

### Crossword down

- |                        |                         |                      |
|------------------------|-------------------------|----------------------|
| 1 Forever, it seems    | 22 “Little Women” woman | 40 Vitamin amt.      |
| 2 Bankrupt             | 23 Milkshake            | 42 “— Impossible”    |
| 3 Initial stake        | insert                  | 45 Italian           |
| 4 Moolah               | 25 Secondhand           | volcano              |
| 5 Eggs                 | 26 Rescue               | 47 Parlor piece      |
| 6 Claiborne of fashion | 27 Coloured             | 48 Wading bird       |
| 7 Dutch cheese         | 28 Unless (Latin)       | 49 Perches           |
| 8 Weak                 | 29 State with certainty | 50 Wander about      |
| 9 No longer chic       | 30 Catherine — Jones    | 51 Past              |
| 10 Illustrations       | 31 Visibility           | 52 Use a ray-gun     |
| 11 Cattle call         | hindrance               | 53 Massage           |
| 17 Lowe or Morrow      | 35 Magnificent array    | 54 Under the weather |
| 19 Santa —, Calif.     | 38 Uncool               |                      |

### PREVIOUS DAY’S CROSSWORD AND SUDOKU ANSWERS:

G	A	F	F	S	T	A	B	G	O	D
O	L	I	O	A	R	I	A	I	R	E
T	A	X	R	E	T	U	R	N	L	E
S	I	R	E	D	E	A	S	E		
H	O	E	D	F	A	X	M	O	D	E
E	W	E	F	A	R	I	S	G	P	A
M	A	X	E	R	N	S	T	B	E	E
A	L	E	S					O	L	D
G	I	M	M	E	A	O	N	E		
A	N	I	W	A	X	P	O	E	T	I
T	O	N	A	R	E	A	P	A	P	A
E	N	E	Y	E	L	L	S	P	O	T

5	9	7	8	3	6	1	2	4
6	3	2	1	4	9	5	8	7
8	4	1	2	5	7	6	3	9
7	8	6	5	2	1	9	4	3
2	1	3	9	6	4	7	5	8
4	5	9	7	8	3	2	6	1
3	7	4	6	1	2	8	9	5
1	6	8	3	9	5	4	7	2
9	2	5	4	7	8	3	1	6

Find today’s answers + play more games at [metronews.ca](http://metronews.ca)

<b>SUDOKU SOLVE TIME:</b>	17-21 min .....	Smart
Under 13 min .....	Genius	
13-17 min .....	Scholar	
	21-25 min .....	Not bad
	25+ min .....	Keep practising

### Metro Recipe of the Day



### Fusilli and Meatballs

#### INGREDIENTS:

- 1 large onion, chopped
- 2 garlic cloves, minced
- 796-ml can no-salt-added Italian tomatoes
- 796-ml can no-salt-added whole tomatoes in purée
- 1/4 cup (50 ml) chopped fresh basil
- 1 tbsp (15 ml) fresh oregano or 1 tsp (5 ml) dried
- 2 slices firm-textured white bread
- 1 lb (500 g) lean (93%) ground beef
- 1 large egg
- 2 tbsp (25 ml) reduced-fat milk (2%)
- 1/2 tsp (2 ml) salt
- 1/2 tsp (2 ml) black pepper
- 12 oz (375 g) long fusilli

#### METHOD:

- Coat large pot with non-stick cooking spray and set over medium-high heat. Sauté onion and garlic until soft, about 5 minutes. Transfer 2 tbsp (25 ml) onion mixture to large bowl.
- Process Italian and whole tomatoes in food processor until fairly smooth. Add to pot. Bring to a boil over medium-high heat. Reduce

- heat to medium-low. Cover and simmer, stirring often, 30 minutes. Add basil and oregano during the last 15 minutes.
- Process bread until crumbs form. Add crumbs, beef, egg, milk, salt, and black pepper to onion mixture and mix just until blended. Shape into twenty 1-in. (2.5-cm) meatballs. Coat medium skillet with nonstick cooking spray and set over medium-high heat. Cook meatballs in batches until browned on all sides, about 8 minutes.
- Drain on paper towels. Add meatballs to sauce. Cover and cook, stirring occasionally, 20 minutes.
- Meanwhile, cook pasta according to package directions. Drain and toss with 1 1/2 cups sauce in large heated serving bowl. Spoon 1 cup (250 ml) sauce over pasta. Serve meatballs and remaining sauce alongside.

**SERVES 6**

**rd.ca**

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month’s Reader’s Digest, on newsstands now!

## Horoscopes

## AVATAR VENUS

**ARIES**  
**MARCH 21-APRIL 20**  
 Someone with a hidden agenda speaks of the future. Don’t let your hot-headedness go beyond good taste. A wonderful transformation is coming.



**TAURUS**  
**APRIL 21-MAY 21**  
 Don’t let pride stand in the way of understanding. Difficulties that flare can be resolved with care. Maintain a flexible attitude in groups.



**LIBRA**  
**SEPT 23-OCT 23**  
 Encourage a meddler to be more sincere. A private fantasy will become more exhilarating. An interesting man takes pleasure in your company.



**SCORPIO**  
**OCT 24-NOV 22**  
 Someone’s laziness will enrage a female. Teach others to face trouble as it comes up. Someone will love you when they know you better.



**GEMINI**  
**MAY 22-JUNE 21**  
 Concentrate on a business that has good chances. Don’t take on any risks. Before leaving a difficult situation, take stock of the benefits.



**SAGITTARIUS**  
**NOV 23-DEC 21**  
 Find time to have fun with the people you love. A chat will clear the air. An untrustworthy person is acting on your behalf.



**CANCER**  
**JUNE 22-JULY 22**  
 A friend leaves an unhappy marriage. Profits gained through unethical dealings melt away. A nitpicker learns from other people’s heated reactions.



**CAPRICORN**  
**DEC 22-JAN 20**  
 A woman wants more kindness than you can give. Express your feelings with passion. A surprising shift will take place within your family.



**LEO**  
**JULY 23-AUG 23**  
 Stash your belongings in safe place. You’ll be frustrated when you’re forced to confront a noisy bore. Show compassion before casting blame.



**AQUARIUS**  
**JAN 21-FEB 18**  
 A friendship develops for very complicated reasons. Hints of your future power in a relationship will come. Someone returns early from a trip.



**VIRGO**  
**AUG 24-SEPT 22**  
 While seeking information, you’ll have to give directions. Pretending that you don’t care won’t work. You’ll avoid the mess of impulsive deeds.



**PISCES**  
**FEB 19-MARCH 20**  
 Someone’s honour will please you. A disappointment affects your chance to succeed. A dramatic spat shouldn’t be allowed to get worse.



Try the **Y** today  
**YMCA**  
[www.edmonton.ymca.ca](http://www.edmonton.ymca.ca)

**What's stopping you?**

**4 convenient locations:**  
 NORTH 476-YMCA WEST 481-YMCA  
 CENTRAL 452-YMCA SOUTH 439-YMCA

**WEEKLY CD GIVEAWAY!**

**THIS WEEK YOU CAN WIN:**  
**ANNIE LENNOX:**  
 The Annie Lennox Collection

To enter go to [www.metronews.ca](http://www.metronews.ca) and click on **WIN**

**NOW AVAILABLE**

[metronews.ca](http://metronews.ca) Do it daily.

Contest closes on February 24<sup>th</sup>, 2009 at midnight

**CORONA PHYSIO-REHAB CENTRE**

Suite 101, 10055-106 Street  
 Edmonton, AB T5J 2Y2

Ph: **780.424.4804**  
 Fx: **780.424.4811**

[www.coronaphysio.com](http://www.coronaphysio.com)  
[getwell@coronaphysio.com](mailto:getwell@coronaphysio.com)

- Motor Vehicle Accident Injuries
- TMJ Dysfunction/Headaches
- Neck and Back pain
- Post-surgery Rehabilitation
- Repetitive Strain Injuries
- Arthritic Conditions
- All muscle, tendon, ligament, nerve and joint injuries

**Assessment and Treatment Centre for Musculoskeletal Disorders**



# Unlimited txting. That's something to : ) about.

TEXT & MORE  
25 PLAN<sup>1</sup>

\$25/MO.

- Unlimited text messaging<sup>2</sup>
- Unlimited local evening and weekend minutes, starting at 6 p.m.<sup>3</sup>
- 100 local anytime minutes + 100 bonus minutes<sup>4</sup>
- Call Waiting and Conference Calling<sup>5</sup>

Visit a Bell store • 1 888 4-MOBILE (662453) • bell.ca



3G BlackBerry® Storm™  
9530 smartphone

\$249<sup>95</sup>

with a \$45 voice  
and data plan  
on a 3-yr. term<sup>6</sup>  
(\$699.95 no term)



LG Rumour™

\$29<sup>95</sup>

on a 3-yr. term<sup>7</sup>  
(\$279.95 no term)



3G BlackBerry® Pearl™  
8130 smartphone

\$0

with a \$35 voice  
and data plan  
on a 3-yr. term<sup>8</sup>  
(\$449.95 no term)



Samsung Cleo™

\$0

on a 3-yr. term<sup>7</sup>  
(\$279.95 no term)

**Bell** txting  
just got  
better

Available at the following  
Bell stores:

**BANFF**  
Cascade Plaza

**CALGARY**  
509 - 2nd Street, S.W.  
1002 17th Ave. S.W.  
1905 Centre Street  
4801 Westwinds Dr.  
9650 Harvest Hills Blvd. N.E.  
10603 107th Ave.  
Beacon Hill Center  
Chinook Centre  
Crowfoot Crossing  
Deer Valley Shopping Centre  
Deerfoot Meadows  
Deerfoot Outlet Mall  
Eaton Centre  
Forest Lawn Shopping Centre  
Market Mall  
Marlborough Mall - kiosk  
North Hill Shopping Centre - kiosk  
Northland Village  
Shawnessy Village  
Southcentre Mall  
Southcentre Mall - Kiosk  
Southpointe Shopping Centre  
South Trail Crossing  
Sunridge Mall  
Westbrook Mall

**CANMORE**  
105 - 802 Bow Valley Trail

**EDMONTON**  
3918 White Mud & 17th St.  
6143 28th Ave.  
9774 170th St.  
10157 - 101 St.  
10603 107th Ave.  
11150 149th St.  
17551 100th Ave.  
12804 82nd St.  
14808 Stony Plain Rd  
18563 Stony Plain Rd  
Abbottfield Shoppers Mall  
Bonnie Doon  
Capilano Mall  
Chartwell Shopping Centre  
Edmonton City Centre  
Edmonton City Centre kiosk II  
Kingsway Garden Mall  
Londonderry Mall  
Mill Woods Town Centre  
Northgate Centre  
Northgate Centre kiosk  
Sherwood Park Mall  
South Edmonton Common  
South Park Centre  
Southgate Mall - kiosk  
St. Albert Centre  
St. Albert Trail at 137 Ave.  
West Edmonton Mall  
Westmount Centre  
Whyte Avenue at 107 St.

**EDSON**  
330 45th St. Unit 104

**FORT MCMURRAY**  
19 Riedel St.  
Peter Pond Shopping Centre

**GRANDE PRAIRIE**  
Prairie Mall

**LEDUC**  
4916 50th Ave.

**LETHBRIDGE**  
Lethbridge Smartcenters  
Park Place Shopping Centre

**LLOYDMINSTER**  
Lloyd Mall

**MEDICINE HAT**  
Carry Drive Plaza  
Medicine Hat Mall

**RED DEER**  
Bower Place Shopping Centre  
Parkland Mall

**SPRUCE GROVE**  
Creekside Centre

**WHITECOURT**  
3301 37 Ave

Also available at these retailers:

CALGARY  
Connect All

LETHBRIDGE  
Protek Communications

**COSTCO**  
WHOLESALE

**booth**  
The Smartphone Store

WIRELESS etc...

«WIRELESSWAVE»

Offer ends March 31, 2009. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Weeknights Mon-Thu, 6pm-7am; Weekends Fri 6pm-Mon 7am. Other monthly fees, i.e., e9-1-1 (75c), system access (not a government fee) (\$8.95), and one-time device activation (\$35) apply. Long distance and roaming charges (including foreign taxes) may apply outside your local area. Upon early termination, price adjustment charges apply. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (1) With new activation on a 3-yr. term. (2) Received messages include local, international, roaming and service related messages from Bell and exclude premium, alerts and dial-up messages. Sent messages include local messages and exclude international, roaming, alerts, premium messages and messages sent with an instant messaging application. (3) Applies to airtime for calls in your local calling area. (4) Bonus minutes apply during the initial contract term. (5) Simultaneous use of airtime. (6) With new activation on a post-paid voice plan and a data feature with a total min. value of \$45/mo. (7) With new activation on a post-paid voice plan. (8) With new activation on a post-paid voice plan and a data feature with a total min. value of \$35/mo. BlackBerry® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Rumour is a trademark of LG Electronics Inc. Samsung Cleo is a trademark of Samsung Electronics Co., Ltd., and its related entities.